

Domestic violence is not a private
problem!

Your doctor treats your physical injuries.

Further help and support is available for your
protection and your safety!



ifs Vorarlberg
Institut für Sozialdienste

Emergency Card



S.I.G.N.A.L. against domestic violence

Violence leaves marks –

visible an invisible injuries

bruises, discolouration, broken bones, ...

headaches, stomach aches an abdominal pain,
lack of appetite, sleep disturbances an concentration
difficulties, anxiety, ...

Violence is also –

If your partner

humiliates, threats, controls, isolates, of forces you to
engage in sexual activities, ...

For help and support:

ifs Gewaltschutzstelle Vorarlberg
Legally approved victim support institution:
Tel. (0)5 1755 535

ifs FrauennotWohnung
Women's Shelter
Tel. (0)5 1755 577 (24 hours)

FEMAIL FrauenInformationszentrum Vorarlberg e.V
Information centre for woman
Tel. 05522 31 002

Sexual assault and violence referral centre
of Dornbirn Hospital
Lustenauerstraße 4
6850 Dornbirn
Tel. 05572 303 (24 hours)

Police Emergency Number: 133
European Emergency Number: 112